



Goal Setting

To successfully complete your Education Development Plan (EDP), both short and long term goals will be written.

Write as many goals as you wish, but one of your long term goals must have a career focus.

All goals must follow S.M.A.R.T. format:

S – Specific	Each statement must contain only one goal. If you have more than one goal, number them when entering them into your EDP.
M – Measurable	How will I know when the goal is accomplished?
A – Action	What will <u>you</u> do to achieve this goal?
R – Realistic	Is this possible? Within your control?
T – Timeline	By what date will this goal be accomplished?

Examples of Short Term Goals:

By June 2016, I will earn a B+ in science. I will accomplish this by studying for tests, paying attention in class and completing all assignments. (short term)

By March 2016, I will run one mile in under six minutes. I will accomplish this by running the track every evening and practicing with my coach. (short term)

Now, write your own short term goal:

_____ year

By _____, I will _____.
(One specific, measurable goal)

I will accomplish this by _____.
(What will you do to make sure you accomplish this goal?)

Examples of Long Term Goals:

By September 2020, I will attend a post-secondary program to become a plumber. I will accomplish this by applying for an apprenticeship or technical school and completing all requirements.

By September 2020, I will be attending college in the medical field. The steps I will take to accomplish this goal are earn a 3.0 GPA in high school, research different careers in the medical field and apply to the college that offers the program I want. My goal is to become a registered nurse.

Now write your own long term goal. Remember that it must have a career focus!

_____ year

By _____ , I will _____.
(One specific, measurable, career focused goal)

I will accomplish this by _____.
(What will you do to make sure you accomplish this goal?)